



## SELChat™ Pilot Overview

Interactive simulations that build real-world social confidence

A structured, 4-week pilot to help participants practice real-life communication situations with brief, reflection-oriented feedback.

4-week pilot

Voice or typing

Pre-built + personalized scenarios

Simple onboarding

End-of-pilot impact summary

### The Opportunity

SELChat™ provides a safe, structured way for participants to rehearse challenging social and communication moments—then reflect on what worked, what didn't, and what to try next. The pilot is designed to be easy to run and easy to evaluate.

### Pilot Timeline

- **Week 1:** Staff onboarding (45-minute training session)
- **Weeks 2–4:** Implementation (weekly practice sessions per participant)
- **Post-pilot:** Impact review (summary of usage + confidence check-in)

Recommended cadence: 2 sessions/week, ~5–10 minutes each (or one weekly 20-minute session), depending on your program schedule.

### What's Included

- Access to a library of pre-built scenarios
- “Practice Your Situation” personalized scenarios
- Voice interaction (speech-to-text + audio responses) or typing
- Behavioral Mirror feedback (reflection-oriented, skills-based)
- Staff lead onboarding and a simple participant orientation script
- End-of-pilot summary (usage + engagement + confidence check-in)

### Key Success Metrics (Suggested)

- Target **70%** participation across the cohort

- Target **15%** increase in self-rated social confidence (pre/post check-in)
- Usage patterns (sessions completed, scenario coverage, engagement trends)

### Requirements

- Chrome browser access (laptop, tablet, or mobile)
- Designated staff lead for coordination
- Signed 1-page pilot agreement

### Pilot Fee

**\$4 per participant** for the 4-week pilot.

If you choose to continue after the pilot, the pilot fee is **applied as a credit** toward your subscription—so your pilot spend rolls forward into ongoing implementation.

**Important note:** SELChat™ is a practice tool and does not replace counseling, therapy, or crisis services.

In the U.S., individuals can call or text **988** for immediate crisis support.

### Data, Privacy & Appropriate Use (Summary)

- Designed for skills practice between sessions, not as a substitute for clinical care
- Accounts are individual to support privacy and reduce user confusion
- End-of-pilot summaries focus on **aggregate** usage/engagement—not sensitive personal details
- Programs should avoid entering protected health information (PHI) or medical records into open-text fields

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**Ready to start?** Contact: Jonathan Albala | [jalbala@nextgeneducationalolutions.com](mailto:jalbala@nextgeneducationalolutions.com) | (718) 928-4035 | [nextgeneducationalolutions.com](https://nextgeneducationalolutions.com)